


# West Horndon Primary School – Summer 2017 – School Menu 1








**Week commencing: 18<sup>th</sup> Sept, 9<sup>th</sup> Oct 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>NEW!</b> Chicken Chunks served in a Flatbread	Homemade Sausage Roll	Local Butcher's Roast Turkey served with Yorkshire Pudding and Gravy	Homemade Chicken and Tomato Pasta Bake	Oven Baked Youngs Omega 3 Fish Fingers 
<b>NEW!</b> Quorn Balls served in a Flatbread V	Homemade Vegetarian Sausage Roll V	Roasted Quorn Fillet V	Homemade Vegetable Pasta Bake V	Vegetable Nuggets V
<b>NEW!</b> Couscous or Sweet Chilli Noodles	Potato Wedges Baked Beans Fresh Carrot Batons	Roast Potatoes Broccoli Cauliflower	Garlic Bread	Chips Sweetcorn and Pea Medley
Jacket Potato with Beans/Cheese or Tuna Mayo V	<b>NEW!!</b> Fresh Baguette with a filling of your choice served with Couscous Salad and Crispy Veggie Sticks	<b>NEW!!!</b> Plain Wrap with a filling of your choice served with Pasta Salad and Cucumber Sticks	<b>NEW!!</b> Pitta Bread with a filling of your choice served with Vegetable Sticks & Tortilla Chips	<b>NEW!!</b> Fresh Sub Roll with a filling of your choice served with Vegetable Pasta Salad
Chocolate Sponge & Chocolate Sauce or Muller Corner Yoghurt	Individual Fruit Pots 🍎 or Muller Corner Yoghurt	Ice Cream and Strawberry Sauce or Muller Corner Yoghurt	Fresh Fruit Platter 🍎 or Muller Corner Yoghurt	Homemade Cookies or Muller Corner Yoghurt

**Fresh Bread, Salad Bar, Fresh Fruit and Cold Milk available everyday**

## West Horndon Primary School – Summer 2017 – School Menu 2

Week commencing: 4<sup>th</sup> Sept, 25<sup>th</sup> Sept, 16<sup>th</sup> Oct 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wicks Manor Farm Local Pork and Apple Burger served in a Brioche Bun	NEW! Southern Fried Chicken	Local Butcher's Roast Beef served with Yorkshire Pudding and Gravy	Children's Favourite! All Day Breakfast (chipolata sausage, bacon, scrambled egg)	Oven Baked Birds Eye Omega 3 Chunky Fish Finger 
Vegetarian Burger served in a Brioche Bun V	NEW!!! Tomato Pasta Pot	Quorn Fillet Topped with Lemon & Herb Crumb V	Vegetarian All day Breakfast (2 x vegetarian sausages and scrambled egg) V	Quorn Dippers V
Baked Beans	Homemade Coleslaw Herby Diced Potatoes	Roast Potatoes Fresh Carrots	Hash Browns Baked Beans Baked Tomato Button Mushrooms	Chips Sweetcorn or Garden Peas
NEW!! Jacket Potato with a choice of fillings V	NEW!! Fresh Baguette with a filling of your choice served with Couscous Salad and Crispy Veggie Sticks	NEW!! Plain Wraps with a filling of your choice served with Pasta Salad and Cucumber Sticks	NEW!! Pitta Bread with a filling of your choice served with Vegetable Sticks and Tortilla Chips	NEW!! Fresh Sub Roll with a filling of your choice served with Vegetable Pasta Salad
Melon, Pineapple and Grape Pots   or  Muller Corner Yoghurt	Cream Crackers and Cheese with Apple Wedges  or Muller Corner Yoghurt	Help Yourself to our Fresh Fruit Bar  or Muller Corner Yoghurt	NEW! Pancakes with Sliced Bananas and a choice of Sauce or Muller Corner Yoghurt	NEW! Fruit Smoothie  or Muller Corner Yoghurt

Fresh Bread, Salad Bar, Fresh Fruit and Cold Milk available everyday

# West Horndon Primary School – Summer 2017 – School Menu 3

Week commencing: 11<sup>th</sup> Sept, 2<sup>nd</sup> Oct 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>NEW!!</b> Bolognese Pasta Bake	Childrens Favourite!! Butchers Pork Sausages (with optional gravy)	Roast Of The Week!! Local Butcher's Roast Gammon served with Yorkshire Pudding and Gravy	<b>NEW!!</b> Homemade Pepperoni or Ham Pizza Choose at the counter!	<b>Fishy Friday!!</b> Oven Baked Fillet of Fish in a Crispy Bubble Coating (GF)
Homemade Macaroni Cheese V	<b>NEW!</b> Tomato Pasta Pot V	Roast Quorn Fillet V	Homemade Cheese and Tomato Pizza	Omelette V
Garlic Bread	Creamy Mashed Potatoes Fresh Sliced Carrots Gravy	Roast Potatoes Green Beans Shredded Savoy Cabbage	Tricolour Pasta Salad	Chips Garden Peas Baked Beans
<b>NEW!!</b> Jacket Potato with a choice of fillings V	<b>NEW!!</b> Fresh Baguette with a filling of your choice Served with Couscous Salad and Crispy Veggie Sticks	<b>NEW!!</b> Plain Wraps with a filling of your choice Served with Pasta Salad and Cucumber Sticks	<b>NEW!!</b> Pitta Bread with a filling of your choice served with Vegetable Sticks and Tortilla Chips	<b>NEW!!</b> Fresh Sub Roll with a filling of your choice served with Vegetable Pasta Salad
100% Fruit Lolly 🍎 or Muller Corner Yoghurt	<b>NEW!</b> Fruit, Yoghurt and Granola Pots 🍎 or Muller Corner Yoghurt	<b>NEW!!!</b> Ice Cream Pots or Muller Corner Yoghurt	Fresh Fruit Platter 🍎 or Muller Corner Yoghurt	Summer Fruit Jelly 🍎 or Muller Corner Yoghurt

**Fresh Bread, Salad Bar, Fresh Fruit and Cold Milk available everyday**