

West Horndon Primary School – Winter 2016/2017 – School Menu 1



Weeks commencing: 31st Oct, 21st Nov, 12th Dec, 9th Jan, 30th Jan, 27th Feb, 20th Mar

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|
| Sweet Chilli Chicken and Noodles with Mixed Oriental Vegetables or | Local Butcher's Sausage served with a Rich Onion Gravy or | Local Butcher's Roast Beef served with Yorkshire Pudding & Gravy or | Homemade Puff Pastry Topped Roast Chicken Pie Served with Gravy or | Oven Baked Young's Omega 3 Fish Finger or BirdsEye Salmon Fish Fingers or |
| Homemade Macaroni Cheese | Vegetarian Sausage served with a Rich Onion Vegetarian Gravy | Lentil Roast | Cheese and Onion Pie | Homemade Cheese and Leek Fritter |
| Homemade Crusty Bread Salad Bar | Creamy Mashed Potato Baked Beans Garden Peas | Roast Potatoes Broccoli Florets Fresh Sliced Carrots | Creamy Mashed Potato Fresh Sliced Carrots Shredded Savoy Cabbage Broccoli Florets Salad Bar | Chips Pea and Sweetcorn Medley Salad Bar |
| Jacket Potato with Cheese and Baked Beans | Wholemeal Sub Roll with Egg Mayonnaise and Salad | | Jacket Potato with Cheese | |
| Homemade Chocolate Brownie with an Orange Wedge | Melon, Grape and Pineapple Pots or | Ice Cream Tub or | Fresh Fruit Pots or | Homemade Creamy Rice Pudding or |
| Muller Corner Yoghurt or Selection of Fresh Fruit | Muller Corner Yoghurt or Selection of Fresh Fruit | Muller Corner Yoghurt or Selection of Fresh Fruit | Muller Corner Yoghurts or Selection of Fresh Fruit | Muller Corner Yoghurt or Selection of Fresh Fruit |

Fresh Bread and Cold Milk available everyday

West Horndon Primary School – Winter 2016/2017 – School Menu 2

Weeks commencing: 7th Nov, 28th Nov, 19th Dec, 16th Jan, 6th Feb, 6th Mar, 27th Mar

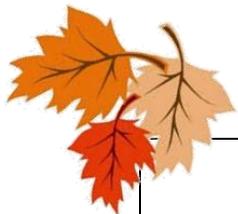
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|---|
| Homemade Mild Chicken Korma or | Toad in the Hole (made with Wicks Manor Farm chipolatas) served with Gravy or | Local Butcher's Roast Turkey served with Yorkshire Pudding & Gravy or | Homemade Cottage Pie (made with local butchers minced beef and topped with fluffy mashed potato) & Gravy or | Harry Ramsdens Battered Fish Fillet served with Tomato Sauce or  |
| Sweet Potato and Lentil Curry | Quorn Toad in the Hole | Roasted Quorn Fillet on Root Vegetables | NEW! BBQ Baked Bean Cottage Pie | Cheddar Cheese Whirl |
| Naan Bread Wholegrain and White Rice Salad Bar | Parsley Potatoes Fresh Sliced Carrots Whole Green Beans Salad Bar | Roast Potatoes Broccoli Florets Sweetcorn | Fresh Sliced Carrots Garden Peas Salad Bar | Chips Baked Beans Sweetcorn Salad Bar |
| Jacket Potato with Baked Beans and/or Cheese | Jacket Potato with Tuna and Sweetcorn | | Wholemeal Sub Roll filled with Sliced Turkey and Salad | |
| Apple Eves Sponge & Custard or Muller Corner Yoghurt or Selection of Fresh Fruit | Chocolate Arctic Roll or Muller Corner Yoghurt or Selection of Fresh Fruit | Fresh Fruit Pots or Muller Corner Yoghurt or Selection of Fresh Fruit | NEW! St Clements Cake or Muller Corner Yoghurt or Selection of Fresh Fruit | Fresh Fruit Platter or Muller Corner Yoghurt or Selection of Fresh Fruit |

Fresh Bread and Cold Milk available everyday

West Horndon Primary School – Winter 2016/2017 – School Menu 3



Weeks commencing: 14th Nov, 5th Dec, 2nd Jan, 23rd Jan, 20th Feb, 13th Mar



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|--|
| Pizza Day! Choose a Hearty Slice of Delicious Homemade Pizza Dough with your Favourite Toppings! (Cheese & Tomato, or Pepperoni) | All Day Breakfast (includes 1 x Wicks Manor Farm chipolata, 1 x rasher of bacon, scrambled egg) or | Local Butcher's Roast Chicken served with Yorkshire Pudding & Gravy or | Spaghetti Bolognese (made with local butcher's beef mince) or | Oven Baked Young's Omega 3 Fish Fingers or Birds Eye Salmon Fish Fingers served with Ketchup or Mayonnaise or |
| | All Day Vegetarian Breakfast (includes 2 x Quorn sausages, scrambled egg) | Roasted Sage and Onion Topped Quorn Fillet | Spaghetti Napolitane | Vegetable Nuggets |
| Wholegrain and White Mixed Penne Pasta Salad Bar | Hash Brown Baked Tomato Button Mushrooms Baked Beans Salad Bar | Buttered New Potatoes Fresh Sliced Carrots Shredded Savoy Cabbage | Homemade Pesto Bread Salad Bar | Chips Garden Peas Salad Bar |
| Jacket Potato with Baked Beans and/or Cheese | Jacket Potato with Tuna Mayonnaise | | Wholemeal Sub Roll filled with Chicken and Salad | |
| Fresh Fruit Platter or Muller Corner Yoghurt or Selection of Fresh Fruit | American Pancakes with Warmed Syrup or Muller Corner Yoghurt or Selection of Fresh Fruit | Ice Cream and Peach Slices or Muller Corner Yoghurt or Selection of Fresh Fruit | Flapjack with Apples and Pear Pieces or Muller Corner Yoghurt or Selection of Fresh Fruit | Classic Victoria Sandwich Finger or Muller Corner Yoghurt or Selection of Fresh Fruit |

Fresh Bread and Cold Milk available everyday