

## West Horndon Primary School Menu 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Pork Sausages</b>	<b>Chicken Chunks</b>	<b>Roast Turkey, Yorkshire Pudding &amp; Gravy</b>	<b>Macaroni Cheese Beef Lasagne</b>	<b>Fish Fingers</b>
<b>Veggie sausages</b>	<b>Quorn Dippers</b>	<b>Stuffed Vegetarian Pepper</b>	<b>Roast Vegetable Lasagne</b>	<b>Spinach &amp; Soft Cheese Pancakes</b>
<b>Mash Potato Baked Beans Garden Peas</b>	<b>Steamed Rice Mixed Salad Sweetcorn</b>	<b>Roast Potatoes Winter Roasted Vegetables</b>	<b>Garlic Bread Veggie Sticks</b>	<b>Crispy Chips Baked Beans Sweetcorn</b>
<b>Jacket Potato with a choice of filling</b>	<b>Fresh Baked Baguette with a choice of filling</b>	<b>Jacket Potato with a choice of filling</b>	<b>Soft Tortilla Wrap with a choice of filling</b>	<b>Jacket Potato with a choice of filling</b>
<b>Ice Cream Pot</b>	<b>Yoghurt</b>	<b>Fruit Salad</b>	<b>Rice Pudding</b>	<b>Cheese &amp; Crackers</b>

**Also available daily a Salad Bar – choice of at least 7 Salads,  
Fresh Fruit, Yeo Valley Yoghurt, Soya Yoghurt, Fresh Milk and Water.**

## West Horndon Primary School Menu 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Meat Free Monday Quorn Bolognaise</b>	<b>BBQ Pulled Pork</b>	<b>Roast Beef, Yorkshire Pudding &amp; Gravy</b>	<b>Fish Pie</b>	<b>Sausage Roll</b>
<b>Meat Free Monday Quorn Bolognaise</b>	<b>BBQ Quorn Sausages</b>	<b>Quorn Fillet with Roasted Vegetables</b>	<b>Butterbean Pie</b>	<b>Cheese &amp; Onion Slice</b>
<b>Plain Pasta Green Beans Sliced Carrots</b>	<b>Wholegrain Rice Glazed Corn on a Cob</b>	<b>Roast Potatoes Green Beans Carrots</b>	<b>Garden Peas</b>	<b>Hash Brown's Baked Beans Sweetcorn</b>
<b>Jacket Potato with a choice of filling</b>	<b>Soft Tortilla Wrap with a choice of filling</b>	<b>Jacket Potato with a choice of filling</b>	<b>Fresh Baked Baguette with a choice of filling</b>	<b>Jacket Potato with a choice of filling</b>
<b>Cheese &amp; Crackers</b>	<b>Fresh Fruit Pot</b>	<b>Apple Crumble &amp; Custard</b>	<b>Yoghurt</b>	<b>Cornflake Cookie</b>

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## West Horndon Primary School Menu 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Chicken &amp; Vegetable Casserole</b>	<b>Bacon Bap</b>	<b>Roast Chicken, Yorkshire Pudding &amp; Gravy</b>	<b>Cottage Pie</b>	<b>Bubble Fish</b>
<b>Winter Quorn &amp; Vegetable Casserole</b>	<b>Egg Bap</b>	<b>Cheese &amp; Bean Yorkshire Pudding</b>	<b>Cheese &amp; Tomato French Bread Pizza</b>	<b>Tomato Pasta</b>
<b>Fresh Baked Bread New Potatoes</b>	<b>Potato Croquettes Spaghetti Hoops</b>	<b>Roast Potatoes Broccoli &amp; Cauliflower</b>	<b>Green Beans Baked Beans</b>	<b>Chips Sweetcorn Garden Peas</b>
<b>Jacket Potato with a choice of filling</b>	<b>Sausage Bap</b>	<b>Jacket Potato with a choice of filling</b>	<b>Soft Tortilla Wrap with a choice of filling</b>	<b>Jacket Potato with a choice of filling</b>
<b>Yoghurt Pot</b>	<b>Pancakes with a choice of Syrup</b>	<b>Cheese &amp; Crackers</b>	<b>Fresh Fruit Salad</b>	<b>Brownie</b>

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Fresh Fruit, Yeo Valley Yoghurt, Soya Yoghurt, Fresh Milk and Water.**