

## West Horndon Primary School Winter Menu 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEAT FREE</b> Cauliflower Macaroni Cheese	Homemade Chicken Pie with a Shortcrust Pastry & Gravy	Roast Beef Yorkshire Pudding Horseradish Sauce Gravy	Smoky BBQ Mince Beef	Fish Finger Sandwich
Veggie Burger in a Bun with Tomato Relish	Cheddar Whirls	Cheesy Bean Yorkshire Pudding	Linda McCartney Sausage (Rosemary and Onion) Gravy	Vegetable Nuggets in a soft Tortilla Wrap with BBQ Sauce
Peas Mixed Salad	New Potatoes Fresh Sliced Carrots Green Beans	Roast Potatoes Seasonal Vegetables	Mixed Rice Sweetcorn	Crispy Chips Peas Winter Coleslaw
Pasta Pot with Quorn Bolognese Sauce	Jacket Potato with Bacon and Cheese	Hot Roast Beef Baguette	Hot Pasta Pot with a Chicken and Tomato Sauce	Jacket Potato with Tuna and Mayonnaise
Sticky Toffee Cake and Custard	Ice Cream with Mandarins	Fresh Fruit Platter	Chocolate Crispy Cake	Autumn Spice Traybake and an Apple Wedge

**Also available daily a Salad Bar – choice of at least 7 Salads,  
Fresh Fruit, Fresh Bread, Yeo Valley yoghurt, Muller fruit corner, Soya Yoghurt, Oat Milk, Fresh Milk and Water**

## West Horndon Primary School Menu 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEAT FREE</b> Rainbow Pasta with Schools Favourite Sauce Tomato or Macaroni Cheese	Crunchy Breaded Herby Chicken	Roast Gammon Yorkshire Pudding Gravy	Sweet & Sour Pork	Beef Burger in a Bun with Tomato Sauce
	Vegetable Parcels	Quorn Fillet Toad in the Hole	Baked Mexican Wrap	Bean Burger in a Bun with Tomato Sauce
Sweetcorn Mixed Green Salad	Buttered New Potatoes Fresh Carrots Green Beans	Roast Potatoes Fresh Cauliflower Honey Roast Parsnips	Coconut Rice or Plain Rice Broccoli Trees	Crispy Chips Garden Peas American Coleslaw
Jacket Potato with Cheese and Cherry Tomatoes	Hot Pasta Pot with Beef Bolognese Sauce	Roast Gammon Baguette	Jacket Potato with Baked Beans	Hot Pasta Pot with Cheese and Tomato Sauce
Pineapple Upside-down Cake with Custard	Mandarin Orange Zingy Jelly with Ice Cream	Fresh Fruit Platter	Chocolate Fairy Cake	Fresh Fruit Pots or Iced Fruit Smoothie

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## West Horndon Primary School Menu 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Pork Sausage Toad in the hole</b>	<b>Sloppy Joe Rich Beef Bolognese in a Bun</b>	<b>Roast Pork Sage &amp; Onion Stuffing Rich Gravy Apple Sauce</b>	<b>Chicken Italienne (Nacho Topping)</b>	<b>Jumbo Fish Finger</b>
<b>Veggie Sausage Toad in the Hole</b>	<b>Mediterranean Rice Pattie</b>	<b>Frittata Boats</b>	<b>Veggie and Quorn Chow Mein</b>	<b>Birds Eye Vegetable Fingers</b>
<b>Tiger Wedges Fresh Carrots Garden Peas</b>	<b>Hot Pasta Sweetcorn Winter Coleslaw</b>	<b>Roast Potatoes Sweetheart Cabbage Fresh Sliced Carrots</b>	<b>White and Wholegrain Mixed Rice Broccoli Trees Peas</b>	<b>Crispy Chips, Garden Peas Baked Beans</b>
<b>Hot Pasta Pot with Broccoli and Grated Cheese</b>	<b>Jacket Potato with Tuna and Egg Mayonnaise</b>	<b>Roast Pork Baguette</b>	<b>Jacket Potato with Cheese and Baked Beans</b>	<b>Jacket Potato with Diced Ham</b>
<b>Fresh Fruit Platter</b>	<b>Chocolate and Vanilla Marble Cake and Custard</b>	<b>Carrot &amp; Parsnip Cake</b>	<b>Fresh Fruit Pots</b>	<b>Arctic Roll with Winter Fruit Coulis</b>

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Fresh Fruit, Fresh Bread, Yeo Valley yoghurt, Muller fruit corner, Soya Yoghurt, Oat Milk, Fresh Milk and Water**