

## West Horndon Primary School Menu 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Jacket Potato With Gammon Ham</b>	<b>Pork Sausages</b>	<b>Roast Chicken, Yorkshire Pudding &amp; Gravy</b>	<b>Beef Stew</b>	<b>Chicken Nugget Chunks</b>
<b>Jacket Potato With Cheese &amp; Baked Beans</b>	<b>Quorn Sausages</b>	<b>Cheesy Bean Yorkshire Pudding</b>	<b>Root Vegetable Stew</b>	<b>Veggie Nuggets</b>
<b>Salad Bar</b>	<b>Seasoned Wedges Spaghetti Loops Baked Beans</b>	<b>Roast Potatoes Fresh Carrots Garden Peas</b>	<b>Fresh Baked Bread New Potatoes</b>	<b>Crispy Chips Baked Beans Garden Peas &amp; Sweetcorn Medley</b>
<b>Jacket Potato with Tuna Mayo</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>
<b>Doughnut Ring</b>	<b>Fresh Melon &amp; Pineapple</b>	<b>Ice Cream</b>	<b>Cheese &amp; Crackers</b>	<b>Chocolate Brownie</b>

**Also available daily a Salad Bar – choice of at least 7 Salads,  
Fresh Fruit, Yeo Valley Yoghurt, Soya Yoghurt, Fresh Milk and Water.**

## West Horndon Primary School Menu 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Pork Meatballs in a Rich Tomato Sauce</b>	<b>Pepperoni Pizza Slab</b>	<b>Toad in a Hole &amp; Gravy</b>	<b>Chinese Sweet &amp; Sour Chicken</b>	<b>Fish Fingers served in a Baguette</b>
<b>Macaroni Cheese</b>	<b>Cheese &amp; Tomato Pizza Slab</b>	<b>Cheese &amp; Onion Slice</b>	<b>Chinese Sweet &amp; Sour Quorn</b>	<b>Sweetcorn &amp; Pepper Tart</b>
<b>Garlic Bread Salad Bar</b>	<b>Veggie Sticks</b>	<b>Roast Potatoes Cauliflower Broccoli</b>	<b>Steamed Wholegrain &amp; White Rice</b>	<b>Sweet Potato Fries Veggie Sticks Baked Beans</b>
<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>
<b>Cheese &amp; Crackers</b>	<b>Jam Sponge Cake with or without Custard</b>	<b>Frozen Fruit Smoothie</b>	<b>Fresh Fruit Salad</b>	<b>Pancakes with Banana &amp; Maple Syrup</b>

**Also available daily a Salad Bar – choice of at least 7 Salads, Fresh Fruit, Yeo Valley Yoghurt, Soya Yoghurt, Fresh Milk and Water.**

## West Horndon Primary School Menu 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Honey &amp; Mustard Glazed Sausages</b>	<b>Quiche Lorraine</b>	<b>Roast Beef, Yorkshire Pudding &amp; Gravy</b>	<b>Mild Chicken Korma</b>	<b>Salmon Fishcake</b>
<b>Linda McCartney Sausages</b>	<b>Quiche Cheese &amp; Tomato</b>	<b>Cauliflower Cheese</b>	<b>Vegetable Curry</b>	<b>Quorn Dippers</b>
<b>Mashed Potato Garden Peas Cooked Onions</b>	<b>Mixed Pasta Salad</b>	<b>Roast Potatoes Honey Parsnips Carrots</b>	<b>Wholegrain &amp; White Rice Naan Bread</b>	<b>Crispy Chips Baked Beans Sweetcorn</b>
<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>
<b>Peaches &amp; Ice Cream</b>	<b>Cheese &amp; Crackers</b>	<b>Arctic Roll</b>	<b>Apple &amp; Grapes</b>	<b>Chocolate Crispy Cake</b>

**Also available daily a Salad Bar – choice of at least 7 Salads,  
Fresh Fruit, Yeo Valley Yoghurt, Soya Yoghurt, Fresh Milk and Water.**