

# West Horndon Primary School Menu 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Pepperoni Pizza</b>	<b>Sticky Pork Sausages</b>	<b>Roast Chicken, Yorkshire Pudding &amp; Gravy</b>	<b>MEAT FREE Rich &amp; Rustic Tomato Pasta</b>	<b>Bubble Fish</b>
<b>Cheese &amp; Tomato Pizza</b>	<b>Sticky Quorn Sausages</b>	<b>Cheese &amp; Onion Slice</b>	<b>Macaroni Cheese</b>	<b>Veggie Nuggets</b>
<b>Salad Bar</b>	<b>Egg Rice Egg Noodles Sweetcorn</b>	<b>Roast Potatoes Fresh Carrots &amp; Broccoli</b>	<b>Garlic Bread</b>	<b>Crispy Chips Garden Peas Baked Beans</b>
<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>
<b>Ice Cream Sponge Roll</b>	<b>Cheese &amp; Crackers</b>	<b>Fresh Fruit Salad</b>	<b>School Sponge Cake with or without Custard</b>	<b>Frozen Fruit Smoothie</b>

**Also available daily a Salad Bar – choice of at least 7 Salads,  
Fresh Fruit, Yeo Valley Yoghurt, Soya Yoghurt, Fresh Milk and Water.**

## West Horndon Primary School Menu 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>All Day Breakfast</b> <b>Sausage, Bacon &amp; Scrambled Egg</b>	<b>Chinese Chicken Curry</b>	<b>Roast Pork, Yorkshire Pudding &amp; Gravy</b>	<b>Wraps with a choice of filling Ham or Tuna Mayo</b>	<b>Fish Fingers</b>
<b>Veggie Breakfast</b> <b>Veggie Sausages &amp; Scrambled Egg</b>	<b>Sweet Potato &amp; Lentil Curry</b>	<b>Cheesy Bean Yorkshire Pudding</b>	<b>Wraps with a choice of filling Egg Mayo or Cheese</b>	<b>Quorn Dippers</b>
<b>Mushrooms</b> <b>Hash Brown</b> <b>Baked Beans</b> <b>Tinned Tomatoes</b>	<b>Rice</b> <b>Naan Bread</b> <b>Mango Chutney</b>	<b>Roast Potatoes</b> <b>Garden Peas</b> <b>Roast apple</b>	<b>Veggie Sticks</b> <b>Nacho chips</b> <b>Salad Bar</b>	<b>Smiles Potato</b> <b>Spaghetti Hoops</b> <b>Baked Beans</b>
<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>
<b>Fruit Cocktail</b>	<b>Eton Mess</b>	<b>Chocolate Sponge Cake with or without Custard</b>	<b>Fresh Fruit</b>	<b>Ice Cream pot</b>

**Also available daily a Salad Bar – choice of at least 7 Salads, Fresh Fruit, Yeo Valley Yoghurt, Soya Yoghurt, Fresh Milk and Water.**

## West Horndon Primary School Menu 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Nacho Chicken</b>	<b>Beef Lasagne</b>	<b>Roast Gammon, Yorkshire Pudding &amp; Gravy</b>	<b>Swedish Style Meatballs</b>	<b>Salmon Fishcake</b>
<b>Stuffed Peppers</b>	<b>Cheese &amp; Tomato Tart</b>	<b>Mixed Bean Hot Pot</b>	<b>Linda McCartney Sausages in a Tomato Sauce</b>	<b>Veggie Burger in a Bun</b>
<b>Coleslaw Couscous</b>	<b>Mixed Salad Garlic Bread</b>	<b>Roast Potatoes Pineapple Ring Honey Parsnips</b>	<b>Wholegrain &amp; White Rice Green Beans</b>	<b>Sweet Potato Fries Sweetcorn Cobette</b>
<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>	<b>Jacket Potato with choice of 3 fillings available everyday</b>
<b>Cheese &amp; Crackers</b>	<b>Shortbread Biscuit</b>	<b>Peach Melba</b>	<b>Melon &amp; Grape Pot</b>	<b>Raspberry Ripple Ice Cream</b>

**Also available daily a Salad Bar – choice of at least 7 Salads,  
Fresh Fruit, Yeo Valley Yoghurt, Soya Yoghurt, Fresh Milk and Water.**